

Connect Here Guide to Lunch Clubs in Edinburgh

Lunch Clubs



Edinburgh **Health and
Social Care** Partnership



March 2024

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Keeping the guide up to date:

Services noted within this guide provide a comprehensive, useful, and accurate listings of Lunch Clubs within Edinburgh. Please email (with hyperlink) any additions or entry update changes for consideration.

Email: ConnectHereUpdates@nhslothian.scot.nhs.uk

Disclaimer:

The inclusion of services or projects in this guide is in no way a commercial endorsement on the part of Edinburgh Health and Social Care Partnership or NHS Lothian. We are unable to guarantee the quality of service provided by the organisation listed. If you have concerns about a service listed here, please contact the service provider in the first instance and their professional body, if one exists. Please email an experience update to us and it will be taken into consideration whilst updating the next guide. Whilst every effort has been made to ensure the accuracy and reliability of the information in this guide, neither Edinburgh Health and Social Care or NHS Lothian will accept liability for errors or omissions and any resulting harm.

Email: ConnectHereUpdates@nhslothian.scot.nhs.uk

Food: Lunch Club

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Drylaw Rainbow Club

Drylaw Parish Church
Groathill Road North
Edinburgh EH4 2RG

T: 0131 343 6643

Opening Hours: Monday-Friday 9.00am-5.00pm

W: <https://www.edinburgh.gov.uk/directory-record/1098781/drylaw-rainbow-club>

Summary: Drylaw Rainbow Club Day Care Service is a community-based support service for older people. They work with up to 75 members per week. The service offers a warm and welcoming environment for older people within their local community. Providing meals and social interaction for people over 65, including those with dementia. Contact [Social Care Direct](#) to arrange a place.

Food: Lunch Club

Granton Parish Church - Lunch Club

55 Boswall Parkway
Edinburgh EH5 2DA

T: 0131 551 2159

Opening Hours: Wednesday 12.00pm

E: info@granton.org.uk

W: <https://www.grantonchurch.org.uk/>

Summary: Church lunch club; £3; open to all, no need to book.

The Heart of Newhaven

4-6 Main Street,
Edinburgh, EH6 4HY

T: 0131 554 3900

Opening Hours: Monday 12.30pm - 2.00pm

E: amandasomerville@cyrenians.scot

W: <https://cyrenians.scot/events/community-events/68-monday-lunch-club>

Summary: This weekly lunch club is free to attend and open to all. They serve a nutritious 2 course meal along with tea/coffee. Some weeks there will also be entertainment to enjoy. Simply just turn up no need to book unless you have specific dietary requirements they need to know of in advance.

Food: Lunch Club

Hibernian Welfare Foundation

Easter Road Stadium, 12 Albion Place,
Edinburgh EH7 5QG

E: <https://hiberniancf.org/contact/>

E: info@hiberniancf.org

W: <https://hiberniancf.org/community/lunch-club/>

Monday Lunch Club

The Foundation hosts a Monday Lunch from 12:30pm-2pm in their Community Hub at Easter Road Stadium. It's free to attend and open to all with a variety of meals served, which also include some special menus around times of celebration.

Wednesday Lunch and Social Café

They run a weekly lunch club on a Wednesday afternoon from 12.30pm-2:30pm in the Community Hub space of the Famous Five Stand, Easter Road Stadium. They provide a hot two-course meal and allow you the opportunity to socialise with friends, family and make new friends within our community.

Run in partnership with Empty Kitchens Full Hearts.

Friday Lunch Club

Members of the community can head to our Community Hub in the Famous Five Stand between 12pm-2pm where they will receive soup and toasties whilst having plenty of fun playing pool, table tennis and table football. Arts & crafts and Playstation games are available too!

NB: The building in which the Lunch Clubs are run will be closing for refurbishment on the 10th April. Services will be moving to the Hibernian Supporters Club, 11 Sunnyside, EH7 5RA. The Lunch Clubs will run from the 15th April to Monday 2nd September before moving back into the refurbished premises at 12 Albion Place.

Food: Lunch Club

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Ripple Lunch Club (Over 65+)

198 Restalrig Road South,
Edinburgh EH7 6DZ

T: 0131 554 0422

Opening Hours: Monday to Friday - Lunch served at 11.30am.

W: <https://www.rippleproject.co.uk/whats-on-at-the-ripple>

Summary: Those attending will be served a fresh cooked, healthy 2 course meal. Come any day/s or all week for a set price of £4.50 per day which includes tea/coffee and biscuits. No referral is required. While our volunteers can lend a steadying hand this club does not offer any type of personal care and is not a registered care service. Transport is currently very limited and restricted to Restalrig, Lochend and Craigentenny.

Food: Lunch Club

Warm Welcome Lunch Club

1874 Fans Bar
Edinburgh, EH11 2NL

T: 07964825877

Opening Hours: Wednesday 12.00pm-2.00pm

E: daveboyd@cyrenians.scot

W: <https://cyrenians.scot/events/community-events/52-warm-welcome-lunch-club>

Summary: Cyrenians Golden Years and the Big Hearts Community Trust have their free Warm Welcome Lunch Club every Wednesday from 12-2pm in the 1874 Fans Bar at Tynecastle Park.

As well as free hot food, teas and coffees, and activities including quizzes, games and more, they are joined by the 20-minute Neighbourhoods team from The City of Edinburgh Council each week, to provide help and information on services available - just pop by their table and say hi!

The Lunch Club is a great opportunity to have a good time in warmth and comfort with a fantastic community. Everyone is welcome, there's no need to register - just pop by every Wednesday for fun, friendship and good food!

Lunchtime Plug-in

Stenhouse Baptist Church
30 Stenhouse Road
Edinburgh, EH11 3EE

T1: 07436379806 (Marina)

T2: 07534450640 (Mark)

Opening Hours: Thursday 11.00am-1.00pm

W: <https://www.stenhousebaptist.co.uk/>

Summary: Each week they will be cooking up a delicious lunch and every one is invited. Visitors can receive budgeting and debt advice. Laptops will be available for use.

Food: Lunch Club

St Anne's Lunch Club

St Annes Parish Church
1 Kaimes Road
Edinburgh EH12 6JR

T: 0131 316 4780 (Office)

Opening Hours: Wednesday 12pm-2.30pm

E: office@stannescorstorphine.org.uk

W: www.stannescorstorphine.org.uk/st-annes-lunch-club.html

Summary: A great opportunity to meet new people, chat and have fun. There is the added bonus that lunch is provided! Usually soup, filled rolls, followed by tea/coffee and homemade baked goodies. There is currently no charge but donations are welcome, whether they are items that can be used for baking or soup making or the odd spare 50p.

Corstorphine Community Centre Lunch Club

Corstorphine Community Centre
5 Kirk Loan
Edinburgh EH12 7HD

T: 07580 659 676

Opening Hours: Tuesday and Thursday 12.00pm-2.00pm

E: <https://www.corstorphinecommunitycentre.org.uk/contact-us>

W: <https://www.corstorphinecommunitycentre.org.uk/>

FB: <https://www.facebook.com/CorstorphineCommunityCentre/>

TW: <https://twitter.com/CorstorphineCo1>

Summary: Corstorphine Lunch Club. There is currently a waiting list for both days.

Food: Lunch Club

Community Meal

Currie Community Centre
280 Lanark Rd W
Edinburgh EH14 5RU

T: 07377 340 815 (Rafal Lesniewski- Cyrenians Community Key Worker)

Opening Hours: Friday from 11.00am onwards for tea and coffee. Lunch is served from 12.00pm to 1.00pm

E: rafallesniewski@cyrenians.scot

E: curriecommunitycentre@gmail.com

Summary: Cyrenians and Currie Community Centre and Big Hearts would like to invite people who are sixty years of age and older to come along to our Community Meal in Currie Community Centre. Activities include dominos, cards, seated dance, invited speakers, and anything and everything people would enjoy or like to suggest. We are also planning to have a tea dance and musical entertainment from 1-2pm on Fridays from February onwards.

Dove Centre - 60+ Lunch Club

1 Clovenstone Park
Edinburgh EH14 3BG

T: 0131 453 4656

E: dovecentre@hotmail.com

W: <http://www.dovecentre.org/>

FB: <https://www.facebook.com/dovecentre/>

Tw: <https://www.twitter.com/thedovecentre>

Summary: Lunch Club.

Food: Lunch Club

Seniors' Lunch Club

Duddingston Kirk (Church of Scotland)
Old Church Lane
Edinburgh EH15 3PX

T: 0131 661 4240

Opening Hours: Thursdays from about 11.45 am (except July). Transport can be provided.

E: office@duddingstonkirk.co.uk

W: <https://duddingstonkirk.co.uk/whats-on/groups-organisations/>

Summary: Older Peoples Lunch Club.

Jewish Community Lunch Club

Edinburgh Hebrew Congregation Synagogue
4 Salisbury Road
Edinburgh EH16 5AB

E: <https://www.ehcong.com/rabbi-s-section/contact-rabbi/>

W: <https://www.ehcong.com/services-and-facilities/lunch-club/>

Summary: Founded in the 1970's, the "Lunch Club" is an opportunity for senior members of the community to enjoy each other's company over lunch. The club meets once a week in the Community Centre. The meals are freshly prepared in the kitchen by a team of volunteer cooks and the members assist in serving. There is a very modest charge for each meal and the Club receives a subsidy from City of Edinburgh Council.

Food: Lunch Club

Community Lunch

Salisbury Centre
2 Salisbury Road
Edinburgh EH16 5AB

T: 01316675438

Opening Hours: Friday 1:00 pm - 2:00 pm

E: office@salisburycentre.org

W: <https://www.salisburycentre.org/>

FB: <https://www.facebook.com/salisburycentre>

Inst: <https://www.instagram.com/thesalisburycentre/>

Summary: Join us for our weekly 'Community' Lunch. This is a great way to meet with like-minded people. FREE - All welcome! No need to book: Just drop by. (Usually in the Garden outside - or in the library if the weather is not good)

Gilmerton 60+ Lunch Club

Gilmerton Community Centre
4 Drum Street
Edinburgh EH17 8QG

T: 07935570969 (Brian)

Opening Hours: Monday and Wednesday 11.00am-3.00pm

FB: <https://www.facebook.com/GilmertonCC>

Summary: Every Lunch is followed by a range of activities. £8 per day. For more information use links above.