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Keeping the guide up to date:

Services noted within this guide provide a comprehensive, useful and accurate listings of Community Gardens within Edinburgh. Please email (with hyperlink) any additions or entry update changes for consideration.

Email: <u>ConnectHereUpdates@nhslothian.scot.nhs.uk</u>

Disclaimer:

The inclusion of services or projects in this guide is in no way a commercial endorsement on the part of Edinburgh Health and Social Care Partnership or NHS Lothian. We are unable to guarantee the quality of service provided by the organisation listed. If you have concerns about a service listed here, please contact the service provider in the first instance and their professional body, if one exists. Please email an experience update to us and it will be taken into consideration whilst updating the next guide. Whilst every effort has been made to ensure the accuracy and reliability of the information in this guide, neither Edinburgh Health and Social Care or NHS Lothian will accept liability for errors or omissions and any resulting harm.

Email: ConnectHereUpdates@nhslothian.scot.nhs.uk

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Amisfield Walled Garden

Haddington Edinburgh EH41 4PU

T: 07704 049572 (Erin Armstrong: Volunteer Coordinator)

Opening Hours: Monday-Friday 10.00am-4.00pm; Saturday 10.00am-1.00pm.

E: enquiries@amisfield.org.uk
W: https://www.amisfield.org.uk/

FB: https://www.facebook.com/AmisfieldGarden/

Summary: Volunteering sessions run each weekday (except for Tuesdays) and on Saturday mornings. All levels of ability for volunteering are available at this excellent venue to learn about gardening and conservation. Some areas of the garden are used for vegetable and fruit growing and the produce is sold locally through retail outlets as well as being offered to volunteers.

Plenty of tools are available, however volunteers are expected to bring their own protective clothing, including gloves, and suitable footwear.

If any referred volunteers with mental health problems the option to do 3 monthly reviews with action plans is available.

Anyone can come along and offer their services as a volunteer.

Physical Activity and Leisure Gardening

Artlink Glasshouses

13a Spittal Street Edinburgh EH3 9DY

T: 0131 229 3555

E: info@artlinkedinburgh.co.uk

W: https://www.artlinkedinburgh.co.uk/2020/04/images-from-the-royal-edinburgh-hospital-online-gar-den-group/

Summary: Artlink runs the creative hub / glasshouses space at the Royal Edinburgh. Throughout the week we run workshops with artists for largely inpatients at REH and some outpatients that have received support from REH. They also have a volunteer group on Thursday afternoon for people that are interested in gardening, it is useful if they have experience of gardening.

B Healthy Together - Whinpark Community Garden

Whinpark Medical Practice 6 Saughton Road Edinburgh EH11 3RA

T: 0131 467 7678

Monday 11.00am-12.00pm (March-November)

E: info@bhealthytogether.org.uk

W: https://bhealthytogether.org.uk/alright/

Summary: A small and friendly group of gardeners work together to keep the garden beautiful and productive whilst guiding beginners on how to grow vegetables and help look after another local community growing space. If interested in attending, please pre-register at link above, as the gardening project is active.

Physical Activity and Leisure Gardening

Broomhouse Growers

Edinburgh EH11

Opening Hours: Wednesday and Saturday 9.30am-12.30pm

E: faith@edibleestates.scot

W: http://www.edibleestates.co.uk/project/broomhouse-growers/

FB: https://www.facebook.com/BroomhouseGrowers/

Summary: Broomhouse area volunteer garden members gather to look after this garden on a communal basis, as well as regular communal sessions led by the Community Gardener. For more information contact Faith Davis.

Calders Community Garden - The Willow Garden

Wester Hailes Edinburgh EH11

Opening Hours: Tuesday 1.00pm-4.00pm E: frontdesk@thehealthagency.org.uk

W: https://thehealthagency.org.uk/calders-community-garden/

W: https://thehealthagency.org.uk/self-referral-page/

Summary: Volunteering opportunities on Tuesday afternoons between 1.00pm-4.00pm, this garden is a wildlife garden in the Wester Hailes Calders area, where people work the garden project which encourages watching birds and feeding other wildlife throughout the winter. A small pond encourages visits from frogs, toads, and other animals who enjoy access to water.

To protect the environment, we do not use chemical pesticides.

If more information is required or a referral is required click on the link above.

Physical Activity and Leisure Gardening

Calders Green Shoots

Edinburgh EH11

T: 07704 315 934 (Alan Steven)

Opening Hours: Saturday 10.00am-12.00pm

E: alan@edibleestates.co.uk

W: http://www.edibleestates.co.uk/project/calders-green-shoots/

FB: https://en-gb.facebook.com/greenshootsgarden/

Summary: On Saturdays between 10am until lunchtime, regular community gardening sessions run by a community gardener. The garden is run by it's own association and they are always looking for new families to sign up and get involved. Calders area volunteers garden members have plots in this garden; all are warmly welcomed to join in.

Clovenstone Growing Hub

Clovenstone Gardens Edinburgh EH14 3ET

T: 07999 734776 (Alan Gordon)

Opening Hours: Clovenstone Community Garden: Tuesday 10.30am-1.30pm;

Sunflower Food Pantry: Saturday 11.00am-2.00pm.

E: alan@westerhailesgrowing.org E2: cloviesecretary@gmail.com

W: http://www.edibleestates.co.uk/project/clovenstone-neighbourhood-garden/

Summary: The sessions are led by Laurie, who is in the garden at the times listed above.

The Growers Association is always looking for new families to join, register for a free plot and can access the garden 24/7 once signed up.

Please email the secretary on the address above, if interested in joining.

Physical Activity and Leisure Gardening

Clovie (Clovenstone) Community Garden Edinburgh

E: cloviesecretary@gmail.com

FB: https://www.facebook.com/ClovieComGarden/

Summary: The Clovenstone neighbourhood garden project started in 2016. The garden has raised beds for up to 35 growers, a community orchard and a big community shed which is shared by the growers.

Corstorphine Hill Walled Garden

109-111 Clermiston Road Edinburgh EH12 6UR

T: 0131 337 9232

Opening Hours: Work Teams: Tuesday 10.00am–12.00pm, Thursday 2.00pm–4.00pm

E: fochcontact@gmail.com

W: https://www.corstorphinehill.org.uk/

Summary: Volunteers are needed to join in with many activities. Garden volunteer sessions are broadly Tuesday mornings 10-12 and Thursday afternoons 2-4 with some flexibility and variation. Advisable to check in advance. See links above for more information.

Physical Activity and Leisure Gardening

Craigmillar Growers

The White House 70 Niddrie Mains Road Edinburgh EH16 4BG

Opening Hours: Thursday and Saturday 10.30am–3.30pm

E: paul@communityalliancetrust.org.uk

W: http://www.edibleestates.co.uk/project/bristo-church-home-farm/

FB: https://www.facebook.com/CraigmillarGrowers/

Summary: On Thursdays and Saturdays, participants can work together on any gardening jobs that need doing, learn about growing vegetables and fruit, and take a share of the produce from the two community garden sites: the White House Kitchen Garden and the Bristo Church garden.

To get involved, click on the links above as Spring sessions will soon be returning to Tuesdays, Thursdays, and Saturdays.

Donkeyfield Orchard

Portobello Edinburgh EH15

E: orchard@pedal-porty.org.uk.

W: https://www.pedal-porty.org.uk/food/orchard/

FB: https://www.facebook.com/p/Portobello-Community-Orchard-100068449293178/

Summary: On the last Saturday morning of the month, this Orchard group is planting trees, installing furniture, laying paths, maintaining the site, as well as harvesting the fruit.

All are welcome as jobs will be found for all, no matter age or fitness level.

Physical Activity and Leisure Gardening

Dr Neil's Garden

Duddingston Village Old Church Lane, Edinburgh EH15 4PX

T: 07849 187 995

E: Info@DrNeilsGarden.co.uk

W: https://www.drneilsgarden.co.uk/volunteers/
FB: https://www.facebook.com/DrNeilsGarden/
Inst: https://www.instagram.com/DrNeilsGarden/

Summary: The garden is situated by Duddingston Kirk, where the lower slopes of Arthur's Seat meet Duddingston Loch. It is open to all, free of charge 7 days a week. Please note that they do not have any current availability to take on additional volunteers. When they do this will be advertise on Facebook, Instagram and on their website.

Drumbrae Community Allotment

The Rannoch Community Education Centre 6 Rannoch Terrace, Edinburgh EH4 7ES

Contacts: Jean-Matthieu Gaunand and Rhona Donaldson.

Opening Hours: Friday: 9.15am-11.15am

E: admin@elrec.org.uk

W: http://www.elrec.org.uk/community-gardens/

Summary: The Drumbrae Community Garden is beside the Rannoch Community Centre. Garden sessions for volunteers are held on Friday.

Physical Activity and Leisure Gardening

Drylaw Neighbourhood Centre

67b Groathill Road North Edinburgh EH4 2SA

T: 0131 315 4989

Opening Hours: Tuesday 10.00am-2.00pm (Gardening Activities)

E1: gardens@drylawnc.org.uk

E2: http://www.drylawnc.org.uk/contact-us/

W: https://drylawnc.org.uk/

FB: https://www.facebook.com/DrylawNC

Tw: https://twitter.com/DrylawNC

Summary: The centre is totally accessible as well as the path to the food growing areas. They have a garden worker who will engage with volunteers to help them learn about food growing and about the advantages being outdoors and how gardening has health benefits.

Duddingston Community Garden and Field Group

Duddingston Village The Causeway Edinburgh EH15 3PZ

E: fieldgroupduddingston@gmail.com

W: https://thefieldduddingston.wordpress.com/

Summary: An organic fruit and vegetable garden, completely run by volunteers in Duddingston, sell the grown produce and vegetable pails in the summer to support the programme be self-funding.

Anyone interested in the garden is welcome to send us an email.

Physical Activity and Leisure Gardening

Earth in Common. Rooted in Leith

Edinburgh

E: hello@earth-in-common.org

W: https://www.earth-in-common.org/

F: https://www.facebook.com/EarthinCommon

Tw: https://twitter.com/earth_in_common

YT: https://www.youtube.com/channel/UCrcHbkp8FyQzXXGIKOQxITw

Summary: This programme started as a movement of Leithers reclaiming common good land to make healthy food and nature accessible the local community. The goal now is to work on tackling the broken food system, climate change and social inequality locally, nationally and internationally.

Fresh Start Community Garden

22-24 Ferry Road Drive, Edinburgh, EH4 4BR

T: 0131 476 7741

Opening Hours: Contact Fresh Start for details

E: Adrienne@freshstartweb.org.uk

W: https://www.freshstartweb.org.uk/what-we-do/growing-spaces

Summary: Fresh Start have four Growing Spaces community gardens in Edinburgh at Inchgarvie Court, Craigmillar, Lauriston Farm and Ferry Road Drive.

Click on the links above if interested in helping as a volunteer to deliver gardening services or know of someone who would benefit from getting involved.

Physical Activity and Leisure Gardening

Friends of Corstorphine Hill

E: fochcontact@gmail.com

W: https://www.corstorphinehill.org.uk/
FB: https://www.facebook.com/WeFoCH/
Tw: https://twitter.com/FOCorstorphineH

Summary: The Friends of Corstorphine Hill (FoCH) are a group of people who have joined together to help look after the Corstorphine Hill area, for the benefit of people, animals, plants and the landscape. They organize practical activities such as tidying up and planting, improving paths and signs, controlling invasive species; and we run guided walks through fairer weather, and evening talks through the winter months.

Physical Activity and Leisure Gardening

Friends of Orchard Park

Queensferry Road Edinburgh EH4

E: orchardparkfriends@gmail.com

FB: https://www.facebook.com/groups/2982181178545298

Summary: A community group with the aim to restore and increase the biodiversity of Orchard Park North and South - affectionately known as "Mama and Baby Park."

As a non-profit organisation, all local volunteers who would like to get involved are invited to click the links above to join in.

Friends of Saughton Park

Winter Gardens Saughton Park Balgreen Road Edinburgh EH11 3BQ

Opening Hours: First Thursday of the month

E: https://www.friendsofsaughtonpark.org/contact-us

W: https://www.friendsofsaughtonpark.org/copy-of-about-us

FB: https://www.facebook.com/groups/FofSP
Tw: https://twitter.com/SaughtonFriends

Summary: On the first Thursday of every month, this group meets in the park and groups are open to all from beginner to experienced.

Through the enthusiasm of others and by taking a deep breath whilst joining in new talents, skills and passions have been found and friendships forged along the way.

That is how this group has gone from seven people turning up at that first meeting to over 160 members who genuinely interested in contributing and learning new things.

Membership is only £2.00 per family so everyone is free to pop along.

Physical Activity and Leisure Gardening

Friends of Starbank Park

17 Laverockbank Road Edinburgh EH5

Opening Hours: Wednesday 10.00am–11.30am; Saturday 10.00am–11.30am (Gardening Sessions)

E: friendsofstarbankpark.org/
W: https://friendsofstarbankpark.org/

Summary: Gardening sessions are held to maintain the park and to enjoy healthy mornings in the fresh air.

Friends of The Meadows and Brunstfield Links Volunteers

Edinburgh EH9

Opening Hours: Last Saturday of the month 10.00am–12.00pm (Gardening Sessions)

E: volunteer@fombl.org.uk
W: http://www.fombl.org.uk/

Summary: Gardening Sessions are held on the last Saturday of the month, the very active volunteer team meets at the Cricket Pavilion.

Physical Activity and Leisure Gardening

Goodtrees Community Garden

Goodtrees Neighbourhood Centre 5 Moredunvale Place Edinburgh EH17 7LB

E: info@elgt.org.uk

W: http://www.elgt.org.uk/

Summary: This service's mission is to provide the Edinburgh and Lothians communities access to quality greenspaces which help improve health and wellbeing.

As things gradually return to normal, everyone is encouraged to visit local greenspaces which offer chances to take part in daily exercise, de-stress and engage with nature.

Click on the links above as there are lots of opportunities to participate.

Granton Castle Walled Garden

Edinburgh EH5 1QB

Opening Hours: For visitors and volunteers at weekends from 1.00pm-3.00pm and for volunteers on Mondays, Wednesdays and Fridays from 11.00am-3.00pm.

E: grantongarden@gmail.com

W: https://www.grantoncastlewalledgarden.org.uk/
FB: https://www.grantoncastlewalledgarden.org.uk/

Summary: Four times a week, the team of local community volunteer gardeners have taken on the task of reclaiming this overgrown historic walled garden in the Pilton garden and their achievements are very impressive.

Click on the links above if interested to come along for an introductory visit and to see what happens in the garden.

Physical Activity and Leisure Gardening

Granton Community Gardeners - The Gardening Club Wardieburn Road

Edinburgh EH5 1LX

Opening Hours: Wednesday 1.00pm-3.00pm

E: info@grantoncommunitygardeners.org

W: https://www.grantoncommunitygardeners.org/

Summary: The Gardening Club meets every Wednesday, join in with a range of seasonal gardening tasks, help look after the community garden, and grow food for the community. Eeveryone helping gets a share of the harvests.

Click on the links above for more information.

Grove in the Park

West Bryson Street Edinburgh EH11 1EW

Opening Hours: Saturday 10.00am–12.00pm – weather permitting (Gardening Sessions)

E: grovefcg@gmail.com

W: https://grovecommunitygarden.wordpress.com/

Summary: Every Saturday morning, communal gardening sessions are available in the north east corner of Harrison Park, along with open access to the garden and community orchard.

Physical Activity and Leisure Gardening

Hermitage of Braid Community Walled Garden

Edinburgh

Contact: Goff Cantley, Head Gardener.

T: 07749 695 771 E: enquiries@fohb.org

Summary: The Hermitage of Braid Community Walled Garden project was set up to restore the historical walled garden and Dovecot area within the Hermitage of Braid Local Nature Reserve. The main aims of the project are to:

- To create a demonstration wildflower garden using native plants, for the benefit of both pollinators and interested visitors .
- To work with volunteers to create a community garden in the historical setting of the Hermitage of Braid walled garden.
- To complement and enhance the setting of the 18th century dovecot which overlooks the Garden.

Work at the Garden is seasonal and runs from mid-April to mid-November. Garden maintenance day is Thursday morning 10.00am to 12.30pm, reasonable weather permitting - unfortunately, they have no covered space to work in. Volunteers are welcome.

Physical Activity and Leisure Gardening

Iqra Academy Community Garden

Edinburgh EH6

Opening Hours: Saturday 11.00am–1.00pm (Gardening Sessions)

E: DAbushaban@elrec.org.uk

W: https://www.igraacademy.org/

Summary: Every Saturday morning, this friendly women only community gardening group learn how to grow organic veggies and fruits in the Cameron Toll area.

If interested in joining, click on the links above for more information.

Jock Tamson's Gairden

The Glebe Duddingstone Kirk 5 Old Church Lane Edinburgh

E: <u>lizz.spence@jocktamsonsgairden.org.uk</u>
W: https://www.jocktamsonsgairden.org.uk/

Summary: Situated on the banks of Duddingston Loch under Arthur's Seat with beautiful views of the Braid and Pentland hills, the Gairden is a peaceful and safe space for all to takes part in horticultural and landscaping activities or simply to visit and enjoy being outdoors.

Growing fruit, vegetables and flowers for sale through local outlets and organisations for donation to charitable agencies in the city. Through these activities, individual volunteers are allotted the opportunity to learn new skills in production horticulture via hands-on participation, supervised by experienced horticulturalists.

Most volunteers are recruited largely from the Health and Employability Service team at Volunteer Edinburgh.

Physical Activity and Leisure Gardening

Leith Community Growers

Edinburgh EH6

Opening Hours: Monday 6.00pm-8.00pm

E: patrick@edibleestates.co.uk
E2: growingleith@gmail.com

W: http://www.edibleestates.co.uk/neighbourhood/leith/ FB: https://www.facebook.com/leithcommunitygrowing/

Summary: Weekly gardening sessions are held at their current garden site.

Little France Park

Friends of Little France Park Edinburgh EH16 4UU

T: 07768 820160

E: Friendsoflittlefrancepark@gmail.com

FB: https://www.facebook.com/groups/184097666026293/

Summary: The aim of this programme is to increase local and wider community awareness and interaction with the park for recreation, relaxation, and engagement with nature.

In that way, it can increase the understanding that Little France Park is a vital community resource which offers substantial benefits for health, quality of life, overall wellbeing, and education now and into the future.

Physical Activity and Leisure Gardening

Lochend Secret Garden

6 Lochend Quadrant Edinburgh EH7 6DL

E: lochendsecretgarden@gmail.com

W: http://www.edibleestates.co.uk/project/lochend-secret-garden/

FB: https://www.facebook.com/lochendcommunitygrowing/

Summary: This garden was conceived as a hub for growing activities on an East Edinburgh estate and currently has growing spaces for fifty residents, a community shed, accessibility beds, and Scotland's longest forest garden forming a perimeter around the site.

The "Secret Garden" is organised by a volunteer Steering Group and run on a membership basis, where the members have the use of a raised bed and are also expected to undertake necessary communal work such as maintaining the forest garden, weeding pathways, watering and helping at events.

Meadows Community Gardens

Community Garden and Orchard The Meadows, We are near the tennis courts. Edinburgh EH3 9GE

T: 0131 556 0441

Opening Hours: Saturday 11.00am-2.00pm (Gardening Sessions)

E: greeningourstreet@gmail.com

W: https://greeningourstreet.wordpress.com/
FB: https://greeningour.street

Tw: https://twitter.com/LauristonGreen

Summary: On Saturday mornings volunteer sessions are being held as the community garden is kept going all year, by volunteers and friends, with the seven raised beds, and borders for flowers, as well as a community orchard and a wildflower plot. With a core group of about 30 volunteers, the projects include creating an outdoor classroom, setting up a free library and a bird feeder, planting bulbs and much more.

Click on the links above to get in touch for more information

Physical Activity and Leisure Gardening

Cyrenians Community Hospital Gardens

Edinburgh

E: MCHGardens@cyrenians.scot

E: RECG@cyrenians.scot

W: https://cyrenians.scot/how-we-help/127-community-hospital-gardens

Summary: They have two beautiful Community Gardens that they run in partnership with NHS Lothian - Royal Edinburgh Community Hospital garden and Midlothian Community Hospital garden. Both gardens are open every day to members of the public, with volunteer and groupwork programmes running on weekdays.

Volunteers have lots of opportunities to get involved at the gardens, green thumbs and beginners are welcome.

Click on the links above for people interested in volunteering.

Milton Road Community Garden at Edinburgh College

24 Milton Road East Edinburgh EH15 2PP

T: 07919 157296

E: <u>Severine.Monvoisin@edinburghcollege.ac.uk</u>

FB: https://en-gb.facebook.com/MiltonRoadCommunityGarden/

Summary: Milton Road Community Garden is open primary for college groups and external community groups. However, after a prolonged period of inaction due to lockdowns, they are concentrating on the College curriculum and external groups active in the garden at the moment.

The garden is open to the public, but they are not running any workshop at the moment.

Physical Activity and Leisure Gardening

Newhaven Heritage Community Garden

Edinburgh EH6

Opening Hours: Sunday 1.00pm-2.00pm (Gardening Sessions)

E: gardens@newhavenonforth.org.uk

FB: https://en-gb.facebook.com/Newhavenheritagecommunitygarden/

Summary: On Sundays gardening sessions are available, although gardeners may pop in at any time to tend to the flower beds and look after all the blossoms in this tranquil, peaceful happy spot in Newhaven where tools are available at all times with a supplied padlock code.

There are open spaces which require watering, weeding or pruning, such as:

- Care for the window boxes
- The Old Burial Ground
- Newhaven Main Street Community garden
- Fishmarket Square planters
- Auchinleck Brae garden
- Willowbank Row vegetable plot

In addition, there is work maintained at the rear of the houses on Newhaven Main Street and fruit trees are growing as well as raspberry canes.

Click on the above links for more information

North Edinburgh Grows

15a Pennywell Court Edinburgh EH4 4TZ

T: 0131 458 3267

Opening Hours: Tuesday: 1.30pm – 4.30pm (Gardening Sessions)

E: garden@northedinburgharts.co.uk

W: https://northedinburgharts.co.uk/north-edinburgh-grows/

Summary: This community garden space is open to everyone and as a hidden sanctuary in the heart of Muirhouse, it contains a play area, sand pits, gardening plots for groups, homegrown fruit and veg for the Pop-In Café to use and seats and spaces for relaxing.

Sessions are running for adults, children and families focusing on horticulture, food production, nature and bio-diversity and the environment, as well as hosting outdoor events, like our annual community barbecue.

Physical Activity and Leisure Gardening

Oxgangs Community Garden

71 Firrhill Drive Edinburgh EH13 9EU

T: 0131 466 0678

E: oxgangsneighbourhoodcentre@gmail.com

FB: https://www.facebook.com/Oxgangsneighbourhoodcentreorg/

Summary: Every day is a good day to spend some time in the garden which is enjoyed by the whole community. Currently, looking for good people to volunteer who have an interest in gardening, garden maintenance, weeding and planting.

Pilton Community Gardeners

West Pilton Brae Edinburgh EH4 4BH

T: 07778 732171

E: piltoncommunitygardeners@gmail.com

FB: https://www.facebook.com/PiltonCommunityGardeners

Summary: For details on this year's programme, please click on the links above.

Physical Activity and Leisure Gardening

Pilton Equalities Project

PEP Centre 3 West Pilton Park Edinburgh EH4 4EL

T: 0131 315 4466
E: hello@pepscot.org
W: https://pepscot.org/

FB: https://www.facebook.com/PiltonEqualitiesProject/

YT: https://www.youtube.com/channel/UCU8s3exnZJXOKtgnR2g3iLA

Summary: Gearing up for spring, their Neighbourhood Group have been starting work on the Community Garden. They began tidying in the garden after receiving a grant form Action Earth to help us to get some tools, pots and plants for the winter. But now that we are moving closer to spring the group is currently doing all the preparation that is needed for getting the garden looking fresh for summer; this includes tasks such as tidying up and making space for new plants. Additionally, thanks to donations made to us by Pentland Plants, the groups have been busy re-potting a variety of plants and flowers, getting them ready to go into the ground when it's a bit warmer.

Pishwanton Community Woodland

Quince Cottage 4 Baxtersyke Gifford EH41 4FH

T: 01620 810 259

E: admin@pishwanton.com

W: https://lifesciencecentre.co/volunteer

Summary: Literally hundreds of volunteers from all over the world have helped over the years to make Pishwanton Wood what it is today. There are a great variety of opportunities for volunteers of all ages and abilities all year round. Some tasks which may be upcoming and available:

- Clearing gorse and bracken
- Making woven fencing
- Planting trees
- Digging ponds and ditches
- Maintaining paths
- Painting or building walls
- Painting or building walls

If are interested in volunteering at Pishwanton, please get in touch by clicking on the links above.

Physical Activity and Leisure Gardening

Redbraes Community Garden

23 Redbraes Place Edinburgh EH7 4LH

Opening Hours: First Sunday of the month 10.30am-12.30pm (Gardening Sessions)

E: redbraesgarden@gmail.com

FB: https://www.facebook.com/redbraescommunitygarden/

Summary: They can use your help, the Gardening Group meets on the first Sunday of the month.

Redhall Walled Garden

97 Lanark Road Edinburgh EH14 2LZ

T: 0131 443 0946

Opening Hours: Monday-Friday 9.00am-4.00pm

E: redhall@samhservices.org.uk

E2: becky.chenery@samh.org.uk (Team Leader)
W: https://www.samh.org.uk/about-us/our-work
FB: https://www.facebook.com/RedhallWalledGarden/

Summary: The garden offers people recovering from mental ill health purposeful activity in a therapeutic horticultural setting. Placements are offered for a day or more per week to people living in Edinburgh with mental health difficulties. There is a referral waiting list for this service.

The garden is open to the general public on weekdays throughout the year and on occasional Saturdays.

Click on the above links for more information.

Physical Activity and Leisure Gardening

Cyrenians Community Hospital Gardens

Edinburgh

E: MCHGardens@cyrenians.scot

E: RECG@cyrenians.scot

W: https://cyrenians.scot/how-we-help/127-community-hospital-gardens

Summary: They have two beautiful Community Gardens that they run in partnership with NHS Lothian - Royal Edinburgh Community Hospital garden and Midlothian Community Hospital garden. Both gardens are open every day to members of the public, with volunteer and groupwork programmes running on weekdays.

Volunteers have lots of opportunities to get involved at the gardens, green thumbs and beginners are welcome.

Click on the links above for people interested in volunteering.

Wauchope Community Garden

655 Niddrie Mains Terrace Edinburgh EH16 4NX

E: kelliemercer@caringincraigmillar.org

FB: https://www.facebook.com/wauchopecommunity/

Summary: This group of growers aim to provide a place where people can grow fruit and vegetables for themselves and for the community, and share their skills and knowledge with others.

The Garden is on the corner of Niddrie Mains Terrace and Wauchope Terrace in Craigmillar.

Click on the above links for more information.

Physical Activity and Leisure Gardening

West Port Garden

Edinburgh EH1

Opening Hours: Sunday 2.00pm-4.00pm (Gardening Sessions)

W: https://www.grassmarketresidents.org/

FB: https://www.facebook.com/grassmarketgarden/

Summary: The garden group meets every Sunday afternoon, weather permitting.

Westerhailes Growers (Murrayburn and Hailesland)

Edinburgh EH14

T: 07999 734 776 (Alan Gordon - Community Gardiner)

Opening Hours: Tuesday, Thursday and Saturday 9.00am–12.00pm (Gardening Sessions)

E: alan@westerhailesgrowing.org

W: https://www.edibleestates.co.uk/project/murrayburn-hailesland-neighbourhood-garden/

Summary: On Tuesday, Thursday and Saturday mornings, regular community gardening sessions are held by the Community Gardener. Members from Murrayburn and Hailesland area have plots in this garden to come and garden in their own time. Families can register for a free plot and once registered as members can access the garden 24/7.

Click on the above links for more information.

You have reached the end of this guide.