



Connect Here Guide to Services for Children and Young People



**CONNECT
HERE**

Edinburgh Health and
Social Care Partnership



January 2024

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January 2024

This Guide covers services and projects that help and support children and young people. This means that the guide covers a very wide age range, from infants up to 22 year olds.

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Disclaimer:

The inclusion of telephone apps in this guide is in no way a commercial endorsement on the part of Edinburgh Health and Social Care Partnership or NHS Lothian. We are unable to guarantee the quality of service provided by the apps listed. If you have concerns about an app listed here, please contact the service provider in the first instance and their professional body, if one exists. Please email an experience update to us and it will be taken into consideration whilst updating the next guide. Whilst every effort has been made to ensure the accuracy and reliability of the information in this guide, neither Edinburgh Health and Social Care or NHS Lothian will accept liability for errors or omissions and any resulting harm.

Email: ConnectHereUpdates@nhslothian.scot.nhs.uk

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When I Worry About Things

W: <https://www.bbc.co.uk/programmes/articles/5QM6H01X6b3jTQF85GLgbFI/when-i-worry-about-things>

Summary: When I Worry About Things is a collection of animated films that use personal testimony to explore mental health issues from the perspective of children. Alongside each, there is more information about the content of the film, and suggestions of how it could be used in the classroom. These resources are suitable for use with pupils aged 8-13.

Children and Young People: Advice and Guidance: Anxiety

Understanding Anxiety - Video

W: <https://vimeo.com/637899585/a4a632bd0c>

Summary: This video is part one of our two-part Parent Anxiety Workshop. This first video focuses on psychoeducation, enabling parents and carers to feel they have a greater understanding of anxiety and the factors that maintain anxiety.

Supporting Your Child with Anxiety - Video

W: <https://vimeo.com/637889751/e2d94cf5d5>

Summary: This video is part two of our two-part Parent Anxiety Workshop. This second video moves on to helping parents and carers support young people in developing practical strategies to manage and face worries.

Children and Young People: Advice and Guidance: Anxiety

Supporting Children with Anxiety: Computerised CBT

W: <https://cylothian.silvercloudhealth.com/signup/>

Summary: This service is an online intervention CBT based course that a child or young person can work through flexibly at their own pace. Access to the modules can be done anywhere and at any time on a computer, tablet or mobile phone. The programme aims to help parents and carers who are looking to support their young person in dealing with worry and anxiety, while learning helpful strategies to tackle their own anxiety. Use 'Lothian' as the access code.

Supporting your Child with fears and worries guide - Four parts

Child and Adolescent Mental Health Service (CAMHS), NHS Lothian

W: <https://services.nhslothian.scot/camhs/wp-content/uploads/sites/55/2022/09/Supporting-Your-Child-with-Fears-And-Worries-SelfHelp-Guide-CAMHS-NHS-Lothian.pdf>

Summary: The following self help guides are available from the CAMHS website

- 1. Part 1: Understanding and talking about anxiety.**
- 2. Part 2: Anxiety Traps.**
- 3. Part 3: Overcoming Anxiety.**
- 4. Part 4: Overcoming Anxiety - Looking after Yourself.**

Please go to the next section

Relaxation exercises for young people

Child and Adolescent Mental Health Service (CAMHS), NHS Lothian

W: <https://services.nhslothian.scot/camhs/wp-content/uploads/sites/55/2022/09/Relaxation-for-CYP-CAMHS-NHS-Lothian.pdf>

Summary: Relaxation techniques for children and young people.

Children and Young People: Advice and Guidance: Anxiety

Hands On: Approaches to children and young people's emotional wellbeing - CAMHS Fife

NHS Fife

Tel: 01592 643355

W: <https://www.nhsfife.org/camhs-thingstotry/>

Summary: HandsOn provides help and practical advice for supporting children and young people's mental health and emotional wellbeing. This website is for parents, carers and people who work with children and young people in Fife. This new website includes all of the material that was on the original HandsOn website

Pain management for teenagers from Arthritis Care UK

E: <https://www.paintoolkit.org/contact>

W: <https://www.paintoolkit.org/>

FB: <https://www.facebook.com/PainToolkit>

YT: https://www.youtube.com/channel/UCJq_QIsjzCsIONfKbkzvcFg

Summary: The Pain Toolkit is a simple guide that gives some handy tips and skills to help understand and manage pain better!

Children and Young People: Advice and Guidance: Bullying

Guide To Workplace Bullying

Smart Pension

The Smart Building

136 George Street

London W1H 5LD

E: support@smartpension.co.uk

W: <https://www.smartpension.co.uk/news-and-media/how-to-handle-workplace-bullying>

FB: <https://www.facebook.com/smartpension>

Tw: <https://twitter.com/smartpensionuk>

Summary: Bullying is a problem across all ages and environments, including the workplace. In fact, almost six in 10 people have witnessed or suffered bullying in the workplace, potentially affecting their mental well-being. But what can be done if bullying is happening?

Respect Me - Scotland Anti Bullying Service

Brunswick House
51 Wilson Street
Glasgow G1 1UZ

T: 0344 800 8600

E: Enquire@RespectMe.Org.UK

W: <https://respectme.org.uk/>

FB: <https://www.facebook.com/respectme.scotland/?fref=ts>

Tw: https://twitter.com/_respectme_

YT: <https://www.youtube.com/user/respectmescotland>

Summary: Practical advice about bullying for adults and children and young people.

Children and Young People: Advice and Guidance: Bullying

The Children's Society

Whitecross Studios
50 Banner Street
London EC1Y 8ST

T: 0300 303 7000 (Supporter Care)

E: supportercare@childrenssociety.org.uk

W: <https://www.childrenssociety.org.uk/information/young-people/well-being/resources/bullying>

Summary: Bullying can happen anywhere. At school, in the community, online. Bullying can be physical or emotional. The Children's Society offers help and guidance on how to deal with bullying.

Eric - The Children's Bowel and Bladder Association

36 Old School House
Kingswood Foundation, Britannia Road
Bristol BS15 8DB

T: 0808 801 0343 (Helpline)

Opening Hours: Monday-Thursday, 10am-2.00pm (Helpline)

E: <https://eric.org.uk/contact/>

W: <https://www.eric.org.uk/>

FB: <https://www.facebook.com/ERIC.UK1/>

Tw: https://twitter.com/ERIC_UK

Inst: https://www.instagram.com/eric_charity/

YT: <https://www.youtube.com/channel/UCzyX8Nkg-dWXe98FmNd1JNA/featured>

Summary: The Association offers help and support to parents who have a child with a continence condition.

Children and Young People: Advice and Guidance: Counselling

Children 1st

83 Whitehouse Loan
Edinburgh EH9 1AT

T: 0800 028 2233 (Parent line)

T2: 0131 446 2300 (Office)

E: parentlinescotland@children1st.org.uk

E: EdinburghFST@children1st.org.uk

W: <https://www.children1st.org.uk/>

FB: <https://www.facebook.com/children1st>

Tw: <https://twitter.com/children1st>

Inst: <https://www.instagram.com/children1st/>

YT: <https://www.youtube.com/user/children1stcharity>

Summary: Children 1st works to keep children safe, loved and well and together with their families. They offer practical, emotional and financial support to prevent and protect children and their families from harm and to support them to recover from trauma and abuse. Click on the links above for more information.

Place2Be

Robertson House
125 Bath Street
Glasgow G2 4TB

T: 020 7923 5500

E: Scotland@place2be.org.uk

W: www.place2be.org.uk

FB: <https://www.facebook.com/place2becharity>

Summary: Place2Be supports children whose emotional issues and behaviour impede their learning and often disrupt the learning of others. It offers drop in and counselling sessions for children within Forthview and Craigroyston Primaries.

Children and Young People: Advice and Guidance: Counselling

Space and Broomhouse Hub counselling

79-89 Broomhouse Crescent
Edinburgh EH11 3RH

T: 0131 455 7731

E: admin@spacescot.org

W: <https://www.spacescot.org/youthandfamilies/>

FB: <https://www.facebook.com/SpaceScotBroomhouseHub/>

Tw: <https://twitter.com/SpaceBroomhouse>

Inst: https://www.instagram.com/space_broomhousehub/

Summary: An in-house counselling and art therapy service for young people using our services and schools in South West Edinburgh. This is a unique service that offers one-one counselling on site or on school sites to children and young people between the ages of 5yrs and 25yrs.

ANRED: Anorexia Nervosa and Related Eating Disorders

E: anred.com@gmail.com

W: <https://www.anred.com/>

Summary: This is a non-profit organisation that provides information about anorexia nervosa and related eating disorders.

Children and Young People: Advice and Guidance: Eating Disorder

Beat eating disorders

Unit 1 Chalk Hill House
19 Rosary Road
Norwich NR1 1SZ

T: 0808 801 0432 (Helpline)

T: 0808 801 0811 (Student line)

Opening Hours: Monday-Friday 12pm–8pm, Saturday-Sunday 4pm–8pm (Beat helplines)

E1: Scotlandhelp@beateatingdisorders.org.uk

E2: fyp@beateatingdisorders.org.uk

W: <https://www.beateatingdisorders.org.uk/>

FB: <https://www.facebook.com/beat.eating.disorders>

Tw: <https://twitter.com/beated>

Inst: <https://www.instagram.com/beatedsupport/?hl=en>

Summary: This service supports people who have or are worried they have an eating disorder, as well as others affected, such as friends and family members. Click on the links above for more information.

Cared

E: caredscotland@nhslothian.scot.nhs.uk

W: <https://caredscotland.co.uk/>

Summary: This package is currently designed for parents and carers of young people (aged up to 25) in Scotland who have recently received a diagnosis of an eating disorder and are about to or have just started treatment.

Children and Young People: Advice and Guidance: Eating Disorder

National Centre for Eating Disorders

54 New Road
Esher KT10 9NU

T: 0845 838 2040 (Support line)

E: <https://eating-disorders.org.uk/contact-us/>

E: admin@ncfed.com

W: <https://eating-disorders.org.uk/>

FB: <https://www.facebook.com/national.centre.for.eating.disorders>

Summary: Service provides eating disorder treatment and recovery through face-to-face, telephone or Skype counselling. Support and advice is provided for carers and friends. There is an information service about eating disorders, body image and topical issues for sufferers, carers, and students. Training courses are provided for health professionals working with eating disorders in adults and young people, with a professional network for Counsellors and psychotherapists to have access to supervision, mentoring and guidance. Click on the above links for more information or call the support line.

Overeaters Anonymous - OAGB Ltd.

483 Green Lanes
London N13 4BS

T: 07897 541945

E: general@oagb.org.uk

W: <https://www.oagb.org.uk/>

Summary: This service provides insight into problems of eating compulsively and recovery support. Click on the links above for more information or to find a local meeting.

Children and Young People: Advice and Guidance: Eating Disorder

South East Eating Disorders Scotland

W: <https://services.nhslothian.scot/seeds/>

Summary: This site provides information for the public and professionals on eating disorders and services in Fife, Forth Valley, Lothian and the Borders.

YouMightKnowMe - Binge eating disorder - Video

Beat Eating Disorders
Unit 1 Chalk Hill House
19 Rosary Road
Norwich

T: 0300 123 3355

E: info@beateatingdisorders.org.uk

W: <https://www.beateatingdisorders.org.uk/>

FB: <https://www.facebook.com/beat.eating.disorders>

YT: <https://youtu.be/cqoVtobf3lY>

Summary: This video focuses on the often-misunderstood illness, binge eating disorder, that 1 in 50 will experience in a lifetime.

Children and Young People: Advice and Guidance: Helpline

Childline

NSPCC Weston House
42 Curtain Road
London EC2A 3NH

T: 800 1111 (Helpline)

Opening Time: 24 hours a day, 7 days a week (Helpline)

W: www.childline.org.uk

FB: <https://www.facebook.com/childline>

Inst: https://www.instagram.com/childline_official/

Summary: The service is open to a call at any time but they might not be able to talk for as long when it's after midnight.

The Mix

209 City Road
London EC1V 1JN

T: 0808 808 4994 (Helpline)

E: info@themix.org.uk

W: www.themix.org.uk/get-support

FB: <https://www.facebook.com/TheMixUK>

Tw: <https://twitter.com/themixUK>

Inst: <https://www.instagram.com/themixuk/>

YT: <https://www.youtube.com/themixuk>

Summary: The Mix is the UK's leading support service for young people. The team can help you take on any challenge you're facing – from mental health to money, from homelessness to finding a job, from break-ups to drugs. Text Service: A crisis messenger text service providing free, 24/7 crisis support across the UK. The service is for people aged 25 or under, and are experiencing any painful emotion or are in crisis.

Children and Young People: Advice and Guidance: Helpline

Young Minds

T: 0808 802 5544 (Parent Helpline)

T: 020 7089 5050 (Office)

Opening hours: 9.30am-4.00pm, Monday - Friday (Parent Helpline)

W: <https://youngminds.org.uk/>

FB: <https://www.facebook.com/youngmindsuk>

Tw: <https://twitter.com/YoungMindsUK>

Inst: <https://www.instagram.com/youngmindsuk/>

YT: <https://www.youtube.com/user/youngmindscharity>

Summary: Please note we're unable to provide assessments, counselling/therapy or direct support to young people. Call our Parents Helpline for detailed advice, emotional support and signposting about a child or young person up to the age of 25.

Young Scot

Caledonian Exchange
19a Canning Street
Edinburgh EH3 8EG

T: 0808 801 0338 (Helpline)

E: info@young.scot

W: <https://young.scot/>

FB: <https://www.facebook.com/youngscot>

Tw: <https://twitter.com/YoungScot>

Inst: <https://www.instagram.com/youngscot/>

YT: <https://www.youtube.com/YSTheFeed>

Summary: Lots of advice and ways to get involved in things for young people living in Scotland.

Children and Young People: Advice and Guidance: Leukemia

Acute lymphoblastic leukemia: Teenagers and young adults

W: <https://www.nhsinform.scot/illnesses-and-conditions/cancer/cancer-types-in-teenagers-and-young-adults/acute-lymphoblastic-leukaemia-teenagers-and-young-adults/>

Summary: This section is for teenagers and young adults and is about a type of cancer called acute lymphoblastic leukaemia (ALL). The other main type of leukaemia that can affect teenagers and young adults is acute myeloid leukaemia.

LGBT Youth Scotland

Mitchell House
5/1 Mitchell Street
Edinburgh EH6 7BD

T: 0131 555 3940

Opening hours: Textline open: Mon to Fri.

E: info@lgbtyouth.org.uk

W: <https://www.lgbtyouth.org.uk/>

FB: <https://www.facebook.com/lgbtys>

Tw: <https://twitter.com/lgbtys?lang=en>

Inst: <https://www.instagram.com/lgbtys/>

Summary: LGBT Youth Scotland's face to face youth services will be put on hold with youth workers.

Children and Young People: Advice and Guidance: Medication

Young Minds - Medications

T: 020 7089 5050 (Office)

E: <https://www.youngminds.org.uk/about-us/contact-us/>

E: yemenquiries@youngminds.org.uk.

W: <https://www.youngminds.org.uk/young-person/medications>

Summary: HeadMeds is a website about psychiatric drugs, designed with and for young people, and powered by Young Minds.

The Educators Spin on it - Babies - Learning Games

E: <https://theeducatorsspinonit.com/contact/>

E: info@theeducatorsspinonit.com

W: <https://theeducatorsspinonit.com/babies/>

FB: <https://www.facebook.com/EducatorsSpinOnIt>

Tw: <https://twitter.com/EducatorsSpin>

Inst: <https://www.instagram.com/theeducatorsspinonit/>

Summary: Have a new baby at home? You've just discovered our baby resource page packed with baby activities for what to do with your new little one.

Children and Young People: Advice and Guidance: Sleep

Sleep Scotland

60 Ravenscroft Street
Edinburgh EH17 8QW

T: 0131 258 1258 (Office)

E: enquiries@sleepscotland.org

E: sleepsupport@sleepaction.org - Sleep Support Helpline

W: <https://www.sleepscotland.org/>

FB: <https://www.facebook.com/sleepscotland/>

Tw: <https://twitter.com/SleepScotland>

Inst: <https://www.instagram.com/sleepscot/>

Summary: Supporting every child to get a good night's sleep. Good sleep is vital for children, teenagers, and families to flourish. It's this service's goal to bring sleep support to every child who needs it. Our sleep advisors are available to offer individual one-to-one advice and support regarding any child in Scotland, aged 18 months to 18 years, to their parents and carers, or young people themselves. To access support from a sleep advisor, email us with your contact details. One of our Sleep Advisors will get in touch.

Currently our advisors work from Monday to Thursday 10.00am to 4.00 pm.
Click on the above links for further information and support.

Edinburgh Young Carers

Norton Park
57 Albion Road
Edinburgh EH7 5QY

T: 0131 475 2322

E: info@youngcarers.org.uk

W: <https://www.youngcarers.org.uk/>

FB: <https://www.facebook.com/Edinburghyoungcarers/>

Tw: <https://twitter.com/eycp>

Inst: <https://www.instagram.com/eycscotland/>

Summary: No one-to-one meetings or groups. Staff are supporting people remotely by phone or text message.

Children and Young People: Advice and Guidance: Young Carers

Space - Young Adults, Young Carers

Space and Broomhouse Hub
79-89 Broomhouse Crescent
Edinburgh EH11 3RH

T: 0131 455 7731

E: admin@spacescot.org

W: <http://www.spacescot.org/>

FB: <https://www.facebook.com/SpaceScotBroomhouseHub/>

Tw: <https://twitter.com/SpaceBroomhouse>

Inst: https://www.instagram.com/space_broomhousehub/

Summary: They offer several services which provides a range of support to children and young people caring for their family members. Support for young carers aged from 5-25, across the locality of South West Edinburgh, and their families. There is one to one support, school-based support, group support and other opportunities for young people with a caring role. See website for referral details.

The Rock Trust

55 Albany Street
Edinburgh EH1 3QY

T: 0345 222 1425

E: hello@rocktrust.org

W: <https://www.rocktrust.org/get-help-now>

FB: <https://www.facebook.com/TheRockTrust>

Tw: https://twitter.com/rocktrust_tweet

Inst: <https://www.instagram.com/therocktrust/>

YT: <https://www.youtube.com/watch?v=zJjWTuNQF8Y>

Summary: Young people can access our Duty drop in service at our Edinburgh office, from 9am to 1pm Monday to Friday, where we can provide emergency food, toiletries, information and referrals for support. We can also offer pre-booked afternoon appointments too – please get in touch and ask to speak to our Duty team to book.

Children and Young People: Things to do: Activities

Activity Village

W: <https://www.activityvillage.co.uk/>

FB: <https://www.facebook.com/ActivityVillage>

Tw: <https://twitter.com/activityvillage>

Summary: Downloadable packs of printable activities to help keep kids busy and engaged. These resources are “fun” rather than educational, but offer some inspiration and distraction, to take the pressure off just a little! Some activities also available in Polish, Spanish and Portuguese.

Blue Peter Badges

Blue Peter MediaCityUK
Salford M50 2BH

E: bluepeter@bbc.co.uk

W: <https://www.bbc.co.uk/cbbc/curations/blue-peter-badges>

Summary: Find out how you can apply for a Blue Peter badge, which attractions badge winners can get into for free, and how to get hold of a Blue Peter badge card.

Children and Young People: Things to do: Activities

Hungry Little Minds

W: <https://hungrylittleminds.campaign.gov.uk/>

Summary: Simple, fun activities for kids from new born to five. Covers play ideas; fun activities and information about Apps suitable for 3 to 5 year olds.

Picklebums

W: <https://picklebums.com/activities-for-6-10-year-olds/>

FB: <https://www.facebook.com/Picklebums>

Tw: <https://twitter.com/katepickle>

Summary: Ten Easy Activities for 6-10 Year-Old.

Children and Young People: Things to do: Activities

North Edinburgh Arts - Dance with Dice

15a Pennywell Court
Edinburgh EH4 4TZ

T: 0131 315 2151

E: admin@northedinburgharts.co.uk

W: <https://northedinburghartssite.files.wordpress.com/2020/04/dancing-with-dice-game.pdf>

FB: <https://www.facebook.com/northedinarts/?form=MY01SV&OCID=MY01SV>

Tw: <https://twitter.com/northedinarts>

Inst: <https://www.instagram.com/northedinarts/>

Summary: Dancing with Dice - Join our Saturday Arts teacher Hayley MacDonald in some fun dancing games with dice. Get all your family involved and have fun! For written instructions click on the web link.

Learning for Kids

E: janice@learning4kids.net

E: <https://www.learning4kids.net/contact/>

W: <https://www.learning4kids.net/play-activities-by-age/>

FB: <https://www.facebook.com/learning4kids>

Inst: https://www.instagram.com/learning_4_kids/

Summary: Meaningful learning experiences for kids to watch them discover those amazing light bulb moments.

Children and Young People: Things to do: Activities

The Yard

22 Eyre Place Lane
Edinburgh EH3 5EH

T: 0131 476 4506

E: info@theyardscotland.org.uk

W: <https://www.theyardscotland.org.uk/>

FB: www.facebook.com/TheYardScotland

Tw: <https://twitter.com/theyardscotland>

Inst: <https://www.instagram.com/theyardscotland/>

YT: <https://www.youtube.com/channel/UCW0FMLmYv1HI45sw9GhDNcA>

Summary: The Yard is an award-winning charity that creates inclusive adventure play experiences for disabled children and young people aged 0-25. They offer a varied programme of drop-in, respite and transition youth clubs, early years, specialist sessions with schools, family play sessions, and inclusive play and disability training. At the heart of everything they do is child-led free play.

Craigmillar Literacy Trust

2B Greendykes Road
Edinburgh EH16 4DP

E: iinfo@craigmillarliteracytrust.org.uk

W: <https://craigmillarliteracytrust.org.uk/>

FB: <https://www.facebook.com/CraigmillarLiteracyTrust/>

Tw: <https://twitter.com/CraigmillarLT>

YT: https://www.youtube.com/channel/UCexlQrA9U5UC_oAWYorx9Jw

Summary: They have been working with the Craigmillar community to support people's literacy skills since 1998. They work with babies, children, young people, parents and carers and other adults to achieve their vision that every person is empowered through literacy in the community of Craigmillar.

Children and Young People : Things to do: Education

Edinburgh College

Granton Campus
350 W Granton Rd
Edinburgh EH5 1QE

T: 0131 669 4400

W: <https://www.edinburghcollege.ac.uk/>

Summary: Edinburgh College has campuses in each corner of the city, giving flexibility to study wherever suits the student. The College offers a wide range of technical and vocational colleges. There is an extensive system of [student support](#) in place to help those attending get the most out of the experience. Help and assistance is also available to [Care Experience students](#).

See website for details.

Enquire - Get the most out of school

T: 0345 123 2303 (Helpline)

Opening Hours: Monday 1.00pm–4.30pm, Tuesday and Thursday 9.30am–4.30pm, Friday 9:30am–1.00pm

E: info@enquire.org.uk

W: <https://enquire.org.uk/>

FB: <https://www.facebook.com/EnquireScotASL>

Summary: Enquire is the Scottish advice service for additional support for learning. For advice about rights to education and support for children in Scotland.

Children and Young People : Things to do: Education

The Hub for Success

Floor 6,
249 High Street
Edinburgh EH1 1PN

T: 07542229883 (Lorraine MooreHub Manager)

E: L.moore@napier.ac.uk

W: <https://hubforsuccess.org/>

Summary: Are you care experienced? Interested in getting in, staying in or returning to study? Then you at the right place. Welcome.

John Muir Award

Tower House, Station Road
Pitlochry PH16 5AN

T: 01796 470080

E: <https://www.johnmuirtrust.org/contact-us>

E: info@johnmuiraward.org

W: <https://www.johnmuirtrust.org/john-muir-award>

FB: <https://www.facebook.com/JohnMuirTrust/>

Tw: <https://twitter.com/johnmuirtrust>

YT: <https://www.youtube.com/user/johnmuirtrust>

Summary: The John Muir Trust is a conservation charity dedicated to protecting and enhancing wild places in the UK. Their environmental award scheme is non-competitive, inclusive and for people of all backgrounds.

Children and Young People : Things to do: Education

People Know How

Straits Meadow
61-63 London Road
Edinburgh EH7 6AA

T: 0131 569 0525

E: contactus@peopleknowhow.org

W: <https://peopleknowhow.org/positive-transitions/>

FB: <https://www.facebook.com/peopleknowhow>

Summary: Positive Transitions supports children, young people and their families in the transition from primary to secondary school across Edinburgh and East Lothian. The service is designed to support children and young people to feel valued and understood, improve their self-esteem and peer relationships, and enable them to fulfil their potential.

Reel Youth Media

South Bridge Resource Centre
Infirmery Street
Edinburgh EH1 1LT

T: 07717 822331

Opening Hours: Saturday 1.00pm-4.00pm

E: info@reelyouthmedia.org

FB: <https://www.facebook.com/reelyouthmedia>

Summary: Edinburgh based Digital Media Youth Project for 12 - 19 year olds supporting young musicians to create innovative digital media content.

Children and Young People: Things to do: Music

Totally Sound

South Bridge Resource Centre
Infirmery Street
Edinburgh EH1 1LT

Opening Hours: Saturday 1.00pm-4.00pm

W: <http://www.totallysound.org>

Summary: For 12-19 years old. Fully equipped live rehearsal spaces with wide range of instruments. Get involved with recording and live performance projects. Try out guitar, keyboards, drums, lyric writing and vocals. Professional musicians on hand for tuition and advice. From absolute beginners to advanced players.

C Card

Chalmers Sexual Health Centre
2a Chalmers Street
Edinburgh EH3 9ES

T: 0131 536 1070

E: info@ccard.org.uk

W: <https://www.ccard.org.uk/>

Summary: C:card is a free condom service in Edinburgh and the Lothians. It's quick and easy to get free condoms through the c:card Network. They don't need your name and address, or any other personal details. You just need to go along to the closest c:card point that is appropriate for your age.

Children and Young People: Soccer

Street Soccer Scotland

The Dugout
Ocean Terminal Shopping Centre
Leith
Edinburgh EH6 6JJ

T: 0131 554 9157

T: 07480979919 (Robbie)

E: info@streetsoccerscotland.org

W: <http://www.streetsoccerscotland.org>

FB: <https://www.facebook.com/StreetSoccerScotlandOfficial>

Tw: <https://twitter.com/streetsoccerSCO>

Inst: <https://www.instagram.com/streetsoccerscotland/>

YT: <https://www.youtube.com/user/streetsoccerscotland>

Summary: Street Soccer Sessions - If aged 16+, keen of football, and are looking for something to fill any spare time, why not join in on a session.

Edinburgh Leisure - Glenogle Swim Centre

Glenogle Road
Edinburgh EH3 5JB

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/glenogle-swim-centre>

Summary: Located in the heart of Edinburgh, Glenogle Swim Centre's quaint Victorian baths have served the city for years. Lift weights in our gym or dip into our beautiful Victorian pool and swim lengths under a beautiful backdrop.

The centre is easily accessible by public transport, car and even by bike, so you can warm up on your way here!

Children and Young People: Swimming

Edinburgh Leisure - Drumbrae Leisure Centre

30 Drum Brae Terrace
Edinburgh EH4 7SF

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/drumbrae-leisure-centre/>

Summary: Overlooking the Firth of Forth, Drumbrae Leisure Centre has served communities across Drumbrae, Clermiston and Corstorphine for years. It's easy to live a healthy active lifestyle at Drumbrae, whether you're looking to work out in our high-spec gym, jump into a fitness class or swim in our 25-metre pool.

Edinburgh Leisure - Ainslie Park Leisure Centre

92 Pilton Drive
Edinburgh EH5 2HF

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/ainslie-park-leisure-centre>

Summary: Ainslie Park Leisure Centre offers swimming, gym, fitness class or play racquet sports. Please click on the above links for more information and details.

Children and Young People: Swimming

Edinburgh Leisure - Leith Victoria Swim Centre

Junction Place
Edinburgh EH6 5JA

T: 0131 458 2100

W: www.edinburghleisure.co.uk/venues/leith-victoria-swim-centre

Summary: There's something for everyone at Leith Victoria, whether you love to log lengths in the Victorian pool or lift weights in their high-spec gym.

Edinburgh Leisure - Warrender Swim Centre

55 Thirlestane Road
Edinburgh EH9 1AP

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/warrender-swim-centre>

Summary: Warrender Swim Centre is a Victorian-era baths which has served the local community for decades. The newly refurbished venue consists of a swimming pool, sauna and gym, with an assortment of new fitness equipment.

Children and Young People: Swimming

Edinburgh Leisure - Dalry Swim Centre

25-29 Caledonian Crescent
Edinburgh EH11 2AL

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/dalry-swim-centre>

Summary: Dalry Swim Centre's pool caters for all types of swimmers – whether you are looking to log lengths or organise a family visit.

Edinburgh Leisure - Portobello Swim Centre

57 Portobello Promenade
Edinburgh EH15 2BS

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/portobello-swim-centre>

Summary: Overlooking the promenade at Portobello, the swim centre has both a top-spec gym, and beautiful Victorian baths.

Children and Young People: Swimming

Edinburgh Leisure - Royal Commonwealth Pool

21 Dalkeith Road
Edinburgh EH16 5BB

T: 0131 458 2100

W: <https://www.edinburghleisure.co.uk/venues/royal-commonwealth-pool>

Summary: The Commonwealth Pool plays an integral role in keeping Edinburgh active on a daily basis. They are proud to have a top-spec gym, the city's only 50-metre pool and a whole host of other spaces you can stay active.

Edinburgh Leisure - Gracemount Swimming Pool

Gracemount Leisure Centre

22 Gracemount Drive

Edinburgh EH16 6RN

T: 0131 458 2100

W: www.edinburghleisure.co.uk/venues/gracemount-leisure-centre

Summary: Whether you enjoy logging lengths, lifting weights or playing sport, you'll find something you love at Gracemount. Bookable sports and activities at Gracemount include Badminton, Table Tennis, 5-a-side indoor football and basketball.

Please go to next page

Canongate Youth

South Bridge Resource Centre
6 Infirmary Street
Edinburgh EH1 1LT

T: 0131 556 9389

E: admin@canongateyouth.org.uk

W: <https://canongateyouth.org.uk/>

FB: <https://www.facebook.com/CanongateYouth/>

Tw: <https://twitter.com/Canongateyouth>

Inst: <https://www.instagram.com/canongateyouth/>

Summary: CY provides a safe and welcoming space for children and young people who live in our local area. The weekly programme of clubs and activities are child and young person led and encourage them to have fun, overcome barriers and try new things. Their clubs welcome a variety of children and young people who might have lots of different barriers and challenges in their lives. The clubs focus on fun activities that help build skills, confidence, and peer relationships.

Children and Young People: Things to do: Youth Club

6VT Youth Café

11 - 15 Vennel
Edinburgh EH1 2HU

T: 07758348850

T: 0131 229 1797

E: https://www.6vt.info/lets_talk

W: <https://www.6vt.info/>

FB: www.facebook.com/6VTYouth

Tw: <https://twitter.com/6VTYouthCafe>

Inst: <https://www.instagram.com/6vtyouthcafe/>

Summary: 6VT Youth Café is located in the old town of Edinburgh. It attracts young people city wide from a wide mix of backgrounds. The service is open 52 weeks of the year, 5 days a week. Our hours of operation extend way past that of most other traditional youth provision providing supports at time when many young people find themselves in a vulnerable position. Click on the links above to find out more.

Fetlor Youth Club

122 Crewe Road South,
Edinburgh EH4 2NY

T: 0131 315 3166

E: hello@fetlor.org.uk

W: <https://www.fetlor.org.uk/home>

Summary: Founded in 1924, Fetlor Youth Club provides a safe environment for the young people in the North of Edinburgh. They can receive support and gain life skills through activities and opportunities offered here. We aim to motivate young people to increase their prospects and goals through learning and experiencing.

Children and Young People: Things to do: Youth Club

Pilton Youth and Children's Project

The Greenhouse
33 West Pilton Brae
Edinburgh EH4 4BH

T: 0131 332 9815

E: <https://pycp.co.uk/contact-us/>

W: <https://pycp.co.uk/>

FB: <https://www.facebook.com/PYCP97/>

Inst: <https://www.instagram.com/accounts/login/?next=/piltonyouthchildren/>

Summary: PYCP is rooted in the local community and is committed to enabling each young person to realise their unique potential and to take a positive role in society. Explore their services, donate or just get involved to learn new skills or to give back.

Muirhouse Youth Development Group

Craigroyston Community High School
67 Pennywell Road
Edinburgh EH4 4NL

T: 0131 332 3356

E: info@mydg.org.uk

W: www.mydg.org.uk

Summary: Our mission is to be an anchor in the lives of young people and support them throughout their personal journeys. Providing opportunities that make a difference to the lives of young people in Muirhouse will enable them to have a positive sense of their own future and the world around them.

Children and Young People: Things to do: Youth Club

Ferrywell Youth Project

31-33 Pennywell Road
Edinburgh EH4 4PJ

T: 07950 016429

E: <https://ferrywell.org.uk/get-in-touch/>

W: <https://ferrywell.org.uk/>

FB: <https://www.facebook.com/dimeferrywell/>

Summary: Supporting young people to make the best choices in Pilton, Muirhouse and Drylaw. Staying Connected/Staying in touch.

Granton Youth

c/o: Royston Wardieburn Community Centre
11 Pilton Drive North
Edinburgh EH5 1NF

T: 0131 552 6741

E: Mary@grantonyouth.com

W: <https://www.grantonyouth.com/>

FB: <https://www.facebook.com/grantonyouthcentre/>

Tw: <https://twitter.com/GrantonYouth>

Summary: Developed in consultation with young people in the area, Granton Youth is a supportive youth space for young people from North Edinburgh aged 11 - 27 years old.

Through a combination of youth work, detached youth work, informal learning, counselling, and volunteering, they work to support young people by providing a safe environment for them both at their base at Royston Wardieburn Community Centre and through detached engagement in the local area. See web site for more details.

Children and Young People: Things to do: Youth Club

Youth Scotland

Balfour House, 19 Bonnington Grove
Edinburgh EH6 4BL

T: 0131 554 2561

Opening Hours: Monday - Friday 9am - 5pm, Saturday Closed

E: office@youthscotland.org.uk

W: <https://www.youthscotland.org.uk/>

FB: <https://www.facebook.com/YouthScotland/>

Tw: <https://twitter.com/YouthScotland>

YT: <https://www.youtube.com/user/youthscotland1>

Summary: The largest national youth work organisation in Scotland, supporting 74,860 young people, 1,617 youth groups and over 8,868 youth workers. Youth Scotland has been around since the early 20th century and has a diverse membership network – from small rural youth groups to large urban projects. The common goal that we all share is better outcomes for young people.

The Junction

82-86 Great Junction Street
Edinburgh EH6 5LL

T: 07758 348850

T: 0131 553 0570

E: support@the-junction.org

W: <https://the-junction.org/>

FB: <https://www.facebook.com/TheJunctionEdinburgh>

Summary: The Junction is a safe, friendly, confidential centre which offers lots of health-related services, education and support for young people in Leith and North East Edinburgh aged 12-21.

See website for details.

Children and Young People: Things to do: Youth Club

The Citadel Youth Centre

175 Commercial Street
Edinburgh EH6 6JE

T: 0131 554 0510

W: <https://citadelyouthcentre.org.uk/>

FB: <https://en-gb.facebook.com/FriendsofCitadel/>

Tw: <https://twitter.com/citadelycleith?lang=en>

Inst: <https://www.instagram.com/citadelycleith/>

Summary: The Citadel Youth Centre offers local children and young people aged 6-18yrs a varied programme of play, activities and educational opportunities designed to encourage, develop and reinforce their skills and self image in a safe and supportive environment. The centre prioritises work with children and young people experiencing difficulties and/or coming from a background of disadvantage.

Pilmeny Development Project

19-21 Buchanan Street
Edinburgh EH6 8SQ

T: 07375 918524

E: pilmenyproject@btconnect.com

W: <http://www.pilmenydevelopmentproject.co.uk/>

FB: <https://www.facebook.com/groups/pilmenydevelopmentproject/>

Tw: <https://twitter.com/PilmenyDevProj>

Summary: Pilmeny Development Project can offer support to socially isolated parents, children and young people, who are unable to get out of their own home. Support given is dependent on the needs of the families and includes telephone support, information provision, practical help and interactive youth provision.

Children and Young People: Things to do: Youth Club

Pilmeny Youth Centre

44 Buchanan Street, Leith
Edinburgh, EH6 8RF

T: 0131 554 0953

W: <https://www.pilmeny.co.uk/>

Summary: Our programme of activities and events caters for the needs of the local community. From local Youth and Minority Ethnic groups to self-help organisations. Youth group activities for S1 and S2.

The Ripple Project

198 Restalrig Road South,
Edinburgh, EH7 6DZ

T: 0131 554 0422 (Office)

T: 07398 042072 (Danielle Ward - Youth Services Manager)

E: danielle.ward@the-ripple.org.uk (Danielle Ward - Youth Services Manager)

W: <https://www.rippleproject.co.uk/our-young-people>

FB: <https://www.facebook.com/ripplerestalrig>

Tw: <https://twitter.com/RippleRestalrig>

YT: <https://www.youtube.com/channel/UCxNC7lygcscKIVFIASXrz6A>

Summary: Youth club opportunities for S1-S6. They run programmes throughout the year. For any questions or enquires or want to know about spaces in any of groups then get in touch with Danielle Ward the Youth Services Manager.

Children and Young People: Things to do: Youth Club

Space Scot Hub

79-89 Broomhouse Crescent
Edinburgh EH11 3RH

T: 0131 445 7731

E: admin@space.scot.org

W: <https://spacescot.org/youth-and-families/>

Summary: Space Scot Youth and Families team provides a range of services including youth befriending, youth carers services and counselling, that support children, young people and their families in South West Edinburgh.

The Venchie Children and Young People's Project

Inspiring Scotland Suite 2

14 New Mart Road

Edinburgh EH14 1RL

W: <https://www.inspiringscotland.org.uk/charities/the-venchie-children-and-young-peoples-project/>

Summary: The Venchie Children and Young People's project improves the lives of children and young people in Craigmillar, Edinburgh by using the power of play. Each week they are open they support over 200 children. The project works with children and young people from baby through to S3. The Venchie runs PANDAS (breakfast club), After School Clubs, Holiday Clubs, Parent/Toddler Clubs and offer children a yearly residential.

Children and Young People: Things to do: Youth Club

Wester Hailes Youth Agency

44 Dumbryden Drive

Edinburgh EH14 2QR

T: 0131 442 4015

E: info@youthagency.co.uk

W: <https://youthagency.co.uk/>

FB: <https://www.facebook.com/WHYouthAgency/>

Tw: <https://twitter.com/WHYouthAgency>

Summary: The Youth Agency works with young people aged 8-25 in Wester Hailes and the surrounding communities of Broomhouse, Sighthill, Parkhead and Longstone.

Starpic Project

3 Hays Avenue
Edinburgh EH16 4RW

E: team@StarpicProject.co.uk

W: <http://www.starpicproject.co.uk/>

FB: <https://www.facebook.com/StarpicProject>

Tw: <https://twitter.com/StarpicProject>

Summary: Our mission at STARPIC is to support young people while removing barriers towards creating confident individual, successful learners and guiding towards a more positive destination. See website for details.

Please go to next section

Rocktrust

55 Albany Street
Edinburgh EH1 3QY

T: 0131 557 4059

W: <http://www.rocktrust.org/>

FB: <https://www.facebook.com/TheRockTrust>

Tw: https://twitter.com/rocktrust_tweet

Inst: <https://www.instagram.com/therocktrust/>

Summary: Support is available around employability for young people, aged 16-25 years old who have a background of being in care, offending or homelessness.

Children and Young People: Personal Development

Girlguiding Edinburgh

33 Melville Street
Edinburgh EH3 7JF

T: 07759 461065

Opening Hours: Monday – Thursday 9.00am-2.00pm (During School Terms)

E: admin@girlguiding-edinburgh.org.uk

W: <https://www.girlguiding-edinburgh.org.uk/>

Summary: Girlguiding is the leading charity for girls and young women in the UK. They build girls' confidence and raise their aspirations. They give them the chance to discover their full potential and encourage them to be a powerful force for good.

The Boys' Brigade Edinburgh

227 Ferry Road
Edinburgh EH6 4SP

T: 0131 551 1200

E: office@thebb-edinburgh.org.uk

W: <https://thebb-edinburgh.org.uk/>

FB: <https://www.facebook.com/ELDBattalion/>

Tw: <https://twitter.com/elddb>

Inst: <https://www.instagram.com/41edinbb/>

YT: <https://www.youtube.com/channel/UCw3ET4chH1NeQRNMCYfIfBg>

Summary: Welcome to the Boys' Brigade Edinburgh, Leith and District Battalion.

Children and Young People: Personal Development

Sea Cadets Leith

Prince of Wales Dock
Ocean Drive, Leith
Edinburgh EH6 7DX

T: 0131 554 9887

Opening Hours: Sea Cadets (12-18): Tuesdays and Fridays, 6.45pm-9.30pm Junior Cadets (10-12):

Tuesdays and Fridays, 6.45pm-9.30pm

E: leithseacadets@hotmail.co.uk

W: <https://www.sea-cadets.org/leith>

FB: <https://www.facebook.com/seacadetsleith>

YT: <https://www.youtube.com/user/seacadetsuk>

Summary: The service offers 10 to 18 year olds the opportunities to learn new skills and making new friends. Learning to sail a boat, drive a power boat, fix an engine or cook a three-course meal are amongst the opportunities on offer to participants. They meet on Tuesday and Friday evenings. There is a nightly cost is just 50p a night. All equipment and uniform is provided.

Venture Scotland

Offices 1 and 2
4 Norton Park
Edinburgh EH7 5RS

T1: 07956 158 281

T2: 0131 661 6786

E: admin@venturescotland.org.uk

W: <https://venturescotland.org.uk/>

FB: <https://www.facebook.com/venturescotland>

Inst: https://www.instagram.com/venture_scotland/

Summary: Venture Scotland is a registered charity (SC013901), founded in 1987 by a group of young Raleigh International volunteers who understood the benefits that natural, outdoor spaces have on individual's mental health and wellbeing. Over the past 30 years, we have become Scotland's only provider of long-term, outdoor-based, personal development for young adults.

Children and Young People: Personal Development

Youth Vision

44 Harlaw Road
Balerno
Edinburgh EH14 7AX

T: 0131 449 3748

T: 07999 948491

E: info@youthvision.uk

W: <https://www.youthvision.uk/>

FB: <https://www.facebook.com/YouthVisionscotland>

Tw: <https://twitter.com/YouthVision1>

Summary: Youth Vision work with young people from South West Edinburgh that are struggling with formal education, or are excluded from school, and are not engaged in training, or employment. They offer a range of nature based informal education services that aim to develop confidence and self-esteem to support a healthy transition to adulthood and more positive destinations.

Scouts Association

Fordell Firs, Hillend
Dunfermline KY11 7HQ

E: hello@scouts.scot

W: <https://www.scouts.scot/>

FB: <https://www.facebook.com/scouts.scotland/>

Tw: <https://twitter.com/ScoutsScotland>

YT: <https://www.youtube.com/user/ScoutsScotland>

Summary: Scouting gives young people aged between 6 and 25 years old the opportunity to discover just what they can do and what they can achieve. From spending their first night away from home to planning an international expedition, the unique experiences Scouts of all ages enjoy help them to realise their full potential and set them up with skills for life.

Children and Young People: Volunteering

Volunteer Edinburgh

222 Leith Walk
Edinburgh EH6 5EQ

T: 0131 225 0630

W: <https://www.volunteeredinburgh.org.uk/>

FB: <https://www.facebook.com/VolunteerEdinburgh>

Tw: <https://twitter.com/VolunteerEdi>

YT: <https://www.youtube.com/user/VolunteerEdinburgh>

Summary: Whether looking to volunteer or engage volunteers in an organization, this service is the place to go to for information and advice on volunteering in Edinburgh. The Health and Wellbeing team is available if advice is needed, information or support due to disability, mental health issue, long term health condition or other barriers. The employability team works with people who are looking for employment through volunteering.

Volunteer Edinburgh has a team of Community Taskforce Volunteers who can provide ad hoc practical help for people who need support in the community.

Opportunities may be accessed through the website links above.

Scottish Wildlife Trust

Harbourside House
110 Commercial Street
Edinburgh EH6 6NF

T: 0131 312 4732

E: pgilbert@scottishwildlifetrust.org.uk

W: <https://scottishwildlifetrust.org.uk/how-to-help/volunteer/>

FB: <https://www.facebook.com/scottishwildlifetrust/>

Tw: <https://twitter.com/ScotWildlife>

Inst: <https://www.instagram.com/scottishwildlifetrust/>

Summary: Becoming a volunteer can be a fantastic and flexible way of going that extra step for Scotland's wildlife. Their volunteering opportunities range from admin support to hands work on an SWT reserve. Please use the links above to find out more information.

Children and Young People: Volunteering: Animals and Environment

Edinburgh Cat and Dog Home

26 Seafield Road East
Edinburgh, EH15 1EH

T: 0131 669 5331

E: info@edch.org.uk

W: <https://edch.org.uk/support-us/volunteer/>

FB: <https://www.facebook.com/EdinDogCatHome>

Tw: <https://twitter.com/edindogcathome>

Summary: The Home many exciting opportunities for volunteers which offer the chance to support the Home whilst gaining experience and developing their skills. From helping with their pet foodbanks, education programme, fundraising and more. Volunteering is a great way to get involved with animal welfare and a rewarding and valuable way to spend some of your time.

Scottish Society for Prevention of Cruelty to Animals/SPCA

Kingseat Road, Halbeath
Dunfermline, Fife KY11 8RY

T: 03000 999 999 (Helpline)

E: <https://www.scottishspca.org/contact-us>

W: <https://www.scottishspca.org/support/volunteer>

FB: <https://www.facebook.com/scottishspca>

Tw: <https://twitter.com/scottishspca>

YT: <https://www.youtube.com/user/ScottishSPCA>

Summary: Volunteering is a great way to get involved in animal welfare and is such a rewarding way to spend some of free time. Even the roles that don't involve direct contact with the animals, such as helping out on a busy reception desk at an animal rescue and rehoming centre contribute massively to what the SPCA do to improve the quality of life of Scotland's animals. Please see the links above for more information.

Children and Young People: Volunteering: Animals and Environment

Cats Protection League

National Cat Centre
Lewes Road
Chelwood Gate
Haywards Heath RH17 7TT

T: 03000 12 12 12

W: <https://www.cats.org.uk/support-us/get-involved-volunteering>

FB: <https://www.facebook.com/catsprotection>

Tw: <https://twitter.com/catsprotection?lang=en>

Inst: <https://www.instagram.com/catsprotection/>

Summary: Cats Protection welcomes volunteers with open arms, no matter how much time you can give, there's a place for you with us! They wouldn't be here without the amazing support of their volunteers. Whether you're looking to volunteer in a hands-on role with the cats we help, want to volunteer in one of our charity shops or are looking for a different kind of volunteering role. See website for local opportunities in Edinburgh and the Lothians.

Edinburgh Guarantee

T: 0131 529 3525

E: edinburghguarantee@edinburgh.gov.uk

W: <https://www.edinburghguarantee.org/>

FB: <https://www.facebook.com/EdinburghGuarantee/>

Tw: <https://twitter.com/edinguarantee>

YT: <https://www.youtube.com/channel/UCNlxAGEjFZTQb98S4lBmgjw>

Summary: The service helps people of all ages and background to easily access and progress in fair work, apprenticeships, training or further education. Through a network of employers and partners, they can help all job seekers find the support they need to achieve success.

Children and Young People: Employability Service

Job, Education and Training (JET) Programme

City of Edinburgh Council

Edinburgh

W: <https://www.edinburgh.gov.uk/opportunities-young-people/job-education-training-jet-programme>

Summary: This programme is a work-based learning programme for pupils in the senior phase of high school which combines school education with vocational training and real-life work experience. The goal is to:

- Work towards a national qualification in employability as well as national 4s and 5s.
- Have a full day's work experience placement each Friday from September to April.

Click on the links above or more information or speak with a deputy head or guidance teacher if joining in JET would be beneficial.

Joined up for jobs

Great Michael House
14 Links Place
Edinburgh, EH6 7E

E: <https://capitalcitypartnership.co.uk/contact-us>

W: <https://www.joinedupforjobs.org/>

Summary: Joined Up for Jobs is the jobs strategy for Edinburgh. It sets out how a partnership of key agencies will help more people into employment. On their website the following services can be accessed:

- Directory
Listings of all the organisations and services offering employability support in Edinburgh.
- Noticeboard
Latest network news, courses and training, conferences and job vacancies.
- Events
Upcoming employability events from partners in our network.

Children and Young People: Employability Service

Princes Trust

The Prince's Trust Wolfson Centre
15 Carlton Court
Glasgow G5 9JP

T: 0800 842 842

Opening Hours: 9.00am-6.00pm Monday to Friday

E: <https://www.princes-trust.org.uk/contact-us>

E: hello@princes-trust.org.uk

W: <https://www.princes-trust.org.uk/help-for-young-people/get-job>

FB: <https://www.facebook.com/princestrust>

Tw: <https://twitter.com/princestrust>

YT: <https://www.youtube.com/user/princestrust>

Summary: This service is for anyone between the ages of 16 to 30 who would like to gain experience, skills, training and the confidence to help get into work, this is the right place for assistance. Click on the above links for more information and details.

Canongate Youth - Employability Programme

South Bridge Resource Centre
6 Infirmary Street
Edinburgh EH1 1LT

T: 0131 556 9389

E1: training@canongateyouth.org.uk

E2: referral@canongateyouth.org.uk

W: <https://canongateyouth.org.uk/>

FB: <https://www.facebook.com/CanongateYouth/>

Tw: <https://twitter.com/Canongateyouth>

Inst: <https://www.instagram.com/canongateyouth/>

YT: <https://www.youtube.com/user/canongateyouth>

Summary: This programme provides employability and well-being support to young people aged 15-24. The focus is on helping young people remove their own barriers and supporting them in a holistic way to move onto further education, training and employment. The employability team work with young people to develop skills, build confidence and gain qualifications. Click on the links above for more information or to refer a young person for support by completing and emailing the referral form.

Children and Young People: Employability: Service

EdinMe - Access to Industry

156 Cowgate
Edinburgh EH1 1RP

T: 0131 260 9721

E: mail@accesstoindustry.co.uk

W: <https://accesstoindustry.co.uk/services-for-young-people/edinburgh-youth-services/>

FB: <https://www.facebook.com/accesstoindustry/>

Tw: <https://twitter.com/Access2Industry>

YT: <https://www.youtube.com/channel/UCq0PuCpu2-tHMf8TEBZVscA>

Summary: EdinMe is a Service for young people aged 16-21 with emerging and entrenched mental health issues impacting their progression towards sustained education and/or employment. Through 1:1 appointments, the project supports young people in improving their mental health and wellbeing, resulting in their progression onto positive outcomes.

Skills Development Scotland

Apprenticeships.scot
79 Shandwick Place
Edinburgh EH2 4SD

T: 0131 718 2040

W: <https://www.apprenticeships.scot/>

Summary: Apprenticeships.scot supports young people who would like to become apprentices and connects them with the employers who want to take them on. Our Edinburgh careers centre is open for appointments only. Contact the local centre on 0131 718 2040 for more information on how to access career information, advice and guidance.

Children and Young People: Employability Service

Youth Theatre Arts Scotland

5 South Charlotte Street
Edinburgh EH2 4AN

T: 0131 538 0591

E: info@ytas.org.uk

W: <https://www.ytas.org.uk/>

FB: <https://www.facebook.com/YTArtsScot/>

Tw: <https://twitter.com/ytartsscot>

Inst: <https://www.instagram.com/ytartsscot/>

Summary: Youth Theatre Arts Scotland (YTAS) is the national development organisation and umbrella body for Scotland's youth theatre sector. They provide direct services to young people, youth groups and their leaders through a combination of youth theatre projects, training and professional development, and information and advocacy. The impact of our work ripples across a national network of year-round local activity.

Working Rite

Catchpell House
4 Carpet Lane
Edinburgh EH6 6SP

T: 0131 553 9395

E: info@workingrite.co.uk

W: <https://workingrite.co.uk/>

FB: <https://www.facebook.com/working.rite?ref=ts&fref=ts>

Tw: <https://twitter.com/workingrite>

Summary: Across Scotland, Project Co-ordinators individually match a young person to a small business in their local community, where they learn valuable skills 'on-the-job', where it counts. 'Trainees' are with their work placement provider for up to six months during which they are guided by an older mentor in the business and supported by Project Co-ordinator. If eligible, a weekly training allowance is received along with travel expenses.

Children and Young People: Employability Service

Move On

7 Bakehouse Close
Edinburgh EH8 8DD

T: 0131 558 3740

E: <https://moveon.org.uk/contact-us>

W: <https://moveon.org.uk/>

FB: <https://www.facebook.com/MoveOnScotland/>

Tw: <https://twitter.com/moveonscotland>

YT: <https://www.youtube.com/channel/UC6g1dsHlhMdbo3zoG4u552A>

Summary: This service works with vulnerable young people and people affected by homelessness to help them unlock their untapped potential. It is believed everyone has the potential to secure a job, manage money, sustain a stable home and live a fulfilling and independent life. The goal is to help people achieve these goals by providing:

- Mentoring.
- Peer education.
- Training.
- Volunteering opportunities.
- Guidance.
- Information and advice.

Link Living - Link Academy

Link House

2c New Mart Road

Edinburgh EH14 1RL

T: 0330 303 0302

E: enquiries@linkliving.org.uk

W: <https://www.linkliving.org.uk/skills-academy>

FB: <https://en-gb.facebook.com/LinkLiving/>

Tw: https://twitter.com/Link_Living/

Summary: Link Academy is a SQA accredited training centre which provides a wide range of SCQF qualifications and employability support that can help people to develop the skills, knowledge, and experience needed to secure employment.